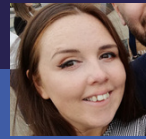
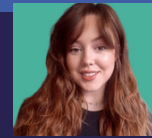
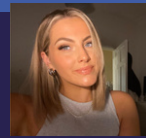


Meet the WeArePower Team

Emma Mason
Leah Middleton
Carla Pearce

Olivia Matlock
Anna Davey
Lydia Wong



#WEAREPOWER

Who is the WeArePower Team?

We are still here! Still shouting out the great things Northern Power Women. Simone Roche launched sister brand Power Collective CIC early 2022.

WeArePower is the overarching name of both brands, still ran by the same super, hard working and micro team.

Our Power Platform is undergoing a transformation in the new year and will be a destination for MORE features and resource all in one place. Create a profile, connect with MORE people and book MORE events on: wearepower.net

How to Be More You

- Invest more time in yourself and your hobbies/interests.
- Get creative and collaborate with others to achieve a goal/project.
- Do some volunteering in your local community
- Learn something new and challenge yourself to get outside of your comfort zone.
- Find connections and Hi5 yourself on the Power Platform
- Do what makes you happy

HOW TO BE MORE YOU

NORTHERN POWER WOMEN
PODCAST



The Teams favourite podcast and their takeaways

Emma - [Ravinder Shawe](#). 'She talks about having a growth mindset and using difficult tasks as a catalyst for growth.'

Leah - [Claudia Bartholomew](#). 'It links into my goal for next year is to say yes to more and don't let any opportunities pass by.'

Carla - [Maggie Chen](#). 'I definitely want to do going into 2023, is to not be afraid to shout out about our achievements.'

Olivia - [Ali McGrath](#). 'I am checking in with my self and challenging myself, as we are so quick to challenge others around us.'

Anna - [Jodie Cunningham](#). 'Girls aren't encouraged to sport but her passion is enough to get her through that.'

Lydia - [Liz Ashall-Payne](#). 'Put one foot in front of the other and trying to learn through those turbulent times in life.'

Fun facts about the team

- Carla loves to travel and hopes to do some solo travelling in 2023.
- Anna achieved a Distinction in her dissertation. She is master of science in Digital Marketing!
- Olivia has a love for performing and did a spot of gigging before the pandemic. More to come in the new year!
- Leah is part-time content creator and full time Elf this Christmas!
- Lydia is a dress maker (making her own prom dress) and plans to complete the project she proposed on doing two years ago.
- Emma channels her inner Beyonce every week on the Peloton App